



Arly Explorers: Life Skills Curriculum

EMPOWERING KIDS WITH ESSENTIAL TOOLS FOR LIFE

Arly Explorers Life Skills curriculum is here to help youth-serving programs teach kids critical skills to navigate everyday life. Designed for preK-8th grade, the curriculum helps kids develop key life skills like decision-making, problem-solving, empathy, and coping with stress.

Life skills equip children with the tools they need for personal growth and to handle daily challenges. Learning these skills boosts emotional well-being, enhances social relationships, and builds self-confidence—critical for both personal and academic success.

Arly Explorers simplifies life skills education by combining research-based content with interactive, easy-to-use resources. Fit the activities seamlessly into existing programs and use on their own or alongside other enrichment.



Skill-based learning

Each skill is taught with direct instruction, followed by engaging activities and group discussions.



Flexible structure

Easily adaptable to any program with multiple activities per skill, including hands-on practice and discussion.



Easy facilitation

A learning course plus step-by-step guides, videos, and low-prep activities make it simple to facilitate without prior experience.



Activities in action

Arly Explorers is designed to teach important life skills in a fun, supportive environment.

Contact us to learn more
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